



## Secrets of Knowledge Retention

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“They know enough who know how to learn,” wrote Henry Adams, *The Education of Henry Adams*.

Do your students know enough; do they know how to learn and retain? Many of the teaching problems that you face stem from your students’ lack of learning or retention skills. If you find that your students are not adequately retaining course information, it may be that they do not use an effective set of retention activities.

Here are some specific, active retention strategies that will help your:



- A students learn faster,
- B students become A students
- C, D and F students realize greater success.

The most important of these techniques is adopting a regular review schedule. Most poor students fail to review often enough. Here’s a very effective pattern that will produce terrific results. For maximum retention, students should review after:

- One hour.
- One day.
- One week.
- One month.
- End of course.